

LIVE STREAMING MEDITATION



FROM HOME
OR OFFICE

11 AM TO 12 PM

SEPTEMBER 12
OCTOBER 10
NOVEMBER 7
DECEMBER 5

LET YOUR MIND
BE FREE



SPONSORED BY
AFT GUILD, LOCAL 1931R - RETIREE CHAPTER

JOIN US!

Zoom Link: <https://bit.ly/3d0fB24>

Passcode: AFTretiree