

SDCCD Celebrates Black History Month

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Post Traumatic Slave Syndrome and Healing as a Country

Dr. Joy DeGruy • Monday, March 8, 2021 • Time 11:00am - 3:00pm • via Zoom
Zoom link will be sent prior to event

Dr. DeGruy's presentation will provide a historical approach that invites all, especially those that are unfamiliar with the topic, to participate and gain further understanding and knowledge of the topic. Dr DeGruy's presentation will combine elements of the Post Traumatic Slave Syndrome and the Healing workshops. In the current climate, it is apparent that many still do not fully comprehend the devastating impact (mental, health, and financial) that slavery still has on our country today. Dr. DeGruy will outline the history of slavery in our country, its current impacts, and discuss how we can begin to heal as a country.



Dr. Joy DeGruy holds a Bachelor of Science degree in Communication, a master's degree in Social Work (MSW), a master's degree in Clinical Psychology, and a Ph.D. in Social Work Research. Dr. Joy DeGruy is a nationally and internationally renowned researcher, educator, author and presenter. She is an Assistant Professor at Portland State University and the President of JDP Inc. Dr. DeGruy has over twenty-five years of practical experience as a professional in the field of social work. She conducts workshops and trainings in the areas of mental health, social justice and culture specific social service model development.

Dr. Joy DeGruy authored the book entitled Post Traumatic Slave Syndrome: America's Enduring Legacy of Injury and Healing, which addresses the residual impacts of trauma on African Descendants in the Americas. Post Traumatic Slave Syndrome lays the groundwork

for understanding how the past has influenced the present, and opens up the discussion of how we can eliminate non-productive attitudes, beliefs and adaptive behaviors and, build upon the strengths we have gained from the past to heal injuries of today.

Dr. DeGruy has published numerous refereed journal articles and has developed the "African American Male Adolescent Respect Scale" an assessment instrument designed to broaden our understanding of the challenges facing these youth in an effort to prevent their over-representation in the justice system. Randall Robinson, Al Sharpton, and many more have praised the book. Susan Taylor, Editorial Director of Essence Magazine says that "Post Traumatic Slave Syndrome is a master work...Her book is the balm we need to heal ourselves and our relationships. It is the gift of wholeness." Adelaide Sanford, Vice Chancellor of the Board of Regents for the State of New York states that "Dr. Joy DeGruy's mesmerizing, riveting book is vital reading for our time...With Dr. DeGruy's potent words we can and will heal."

Contact for additional information

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For disability-related accommodations, please contact Jamila DeCarli at jdecarli@sdccd.edu at least 5 days in advance to make your request.



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